

Planning corsi

Sala 1

	LUN	MAR	MER	GIO	VEN	SAB
08:30 09:30	Postural Yoga Giorgia		Postural Yoga Giorgia			
09:30						
10:00						
11:00 12:00					Cross Training	
12:00 13:00					Cross Training	
13:00 14:00	Funzionale		Funzionale			
14:00						
15:00						
16:00						
17:00 18:00	Classico North Side Dance Studio	Taekwondo	Classico North Side Dance Studio	Taekwondo		
18:00						
19:00 20:00	Funzionale Filippo	Yoga hatha flow Giorgia	Funzionale Filippo	Yoga hatha flow Giorgia		
20:15						
21:15						

Planning corsi

Sala 2

	LUN	MAR	MER	GIO	VEN	SAB
08:30						
09:30						
10:00						
11:00						
12:00						
13:00						
14:00						
15:00						
16:00 17:00					Hip-Hop MID/TEEN	
17:00 18:00		Hip-Hop KIDS North Side Dance Studio	Taekwondo	Hip-Hop KIDS North Side Dance Studio	Taekwondo	Hip-Hop MID/TEEN North Side Dance Studio
18:00						
19:00						
20:15						
21:15						